

2011 Victorian Country Short Course Championships Information Booklet



Hosted by Goulburn Valley & District
Swimming Association



Aquamoves, Tom Collins Drive Shepparton

**Saturday 13 August | Timed Finals 10:00am | Timed Finals 2:00pm
Sunday 14 August | Timed Finals 9:00am | Timed Finals 1:00pm**

Proudly sponsored by

City of Greater Shepparton



www.greatershepparton.com.au

Aquamoves, Lakeside
Shepparton

www.aquamoves.com.au

*The information in this booklet is correct at the time of publishing. Any updates / amendments to this booklet will be posted on the SV website in the same location this booklet can be found.

Table of Contents

SECTION ONE: General Information	4
1.1 Goulburn Valley & District Contacts.....	4
1.2 Swimming Victoria Event Staff	4
1.3 Swimming Victoria Event Calendar 2011/2012.....	4
SECTION TWO: Event Information	5
2.1 Event Details.....	5
2.2 Entry Process.....	5
2.3 Program of Events	6
2.4 Qualifying Times	6
2.5 Entry Fees.....	6
2.6 By-Laws	6
2.6.1 90-Day Rule.....	6
2.7 Warm Up Times and Procedures	7
2.7.1 Pre Event Warm Up Friday Afternoon.....	7
2.7.2 Competition Day Warm-Up procedures	7
2.8 Access, Admission and Passes.....	7
2.9 Travel and Car Parking	7
2.10 Sport Information Desk.....	7
2.11 Pool Deck Guidelines.....	8
2.12 Athlete Roster	8
2.13 Event Program	8
2.14 Seating, Concourse and Passageways	8
2.15 Marshalling – Timed Finals.....	8
2.16 Backstroke Events	8
2.17 Timekeepers	8
2.18 Medal Presentations	8
2.19 Results.....	8
2.20 Lost Property.....	9
2.21 The City of Greater Shepparton	9

SECTION 3: Appendices	10
Appendix A Event Listing	10
Appendix B Qualifying Times	12
Appendix C Competition Bylaw Schedule A.8	13

SECTION ONE: General Information

1.1 Goulburn Valley & District Contacts

NAME	TITLE	EMAIL
Jemma Pugh	District Event Coordinator	E: outback3637@hotmail.com W: 03 5864 1208
Damian Van de Berg	Entries Coordinator	E: dnvan@cobram.net.au M: 0418 735 322 H: 03 5873 7322

1.2 Swimming Victoria Event Staff

NAME	TITLE	EMAIL
Simone Hutson	Events Coordinator	simone.hutson@vic.swimming.org.au
Heather Towers	Events Officer	heather.towers@vic.swimming.org.au

1.3 Swimming Victoria Event Calendar 2011/2012

DATE	EVENT	LOCATION
August		
Sat 13 – Sun 14	2011 Victorian Country SC Championships	Aquamoves Shepparton
Fri 26 – Sun 28	2011 Victorian Age SC Championships	MSAC Indoor Pool
September		
Sat 10 – Sun 11	2011 Victorian Open SC Championships	MSAC Indoor Pool
November		
Sat 5 – Sun 6	2011 Long Course Distance Competition	MSAC Outdoor Pool
Sat 12	2011 Victorian 7 – 10 Country Competition	MSAC Indoor Pool
Sun 13	2011 Victorian 7 – 10 Metro Competition	MSAC Indoor Pool
Sat 26 – Sun 27	2011 Victorian Qualifying Meet (week 1)	MSAC Outdoor Pool
December		
Sat 3 – Sun 4	2011 Victorian Qualifying Meet (week 2)	MSAC Outdoor Pool
Sat 17 – Thurs 22	2012 Victorian Age Championships	MSAC Outdoor Pool
January		
Fri 13 – Sun 15	2012 Victorian Open Championships	MSAC Outdoor Pool
Sat 21 – Mon 23	2012 Victorian Country Championships	Bendigo Aquatic Centre
February		
Sat 11 – Sun 12	2012 Victorian Sprint Meet	MSAC Outdoor Pool
Sat 26	2012 Victorian Country Interdistrict	MSAC Outdoor Pool
March		
Sat 17 – Sun 18 (TBC)	2012 All Junior Competition	MSAC Outdoor Pool
Sat 24 – Sun 25 (TBC)	2012 All Junior Competition	MSAC Outdoor Pool
Sat 31 – Sun 1 April (TBC)	2012 All Junior Competition	MSAC Outdoor Pool

SECTION TWO: Event Information

2.1 Event Details

[The 2011 Victorian Country Short Course Championships](#) will be held at the Aquamoves, Shepparton from Saturday 13 August to Sunday 14 August 2011.

The event program will consist of timed finals.

Session Start Times as follows:

Saturday 13th August | Session 1: 10.00am | Session 2: 2.00pm

Sunday 14th August | Session 3: 09.00am | Session 4: 1.00pm

2.2 Entry Process

Entries for the 2011 Victorian Country SC Championships will open on June 1st 2011. **Entries will close at 5.00pm on Tuesday 2nd August 2011.**

All entries must be lodged using the following methods:

- Teams: Entries via TM or MM entry files.
Files available on the [Swimming Victoria website](#) or www.gvswimming.com.au
Entry files emailed to dnvan@cobram.net.au
Required to be included with entry file will be [Statement of Entry Summary](#) sheet including contact details.
- Individuals: Entries via [SV Individual Entry Form](#). Postal details below.
- Multi Class Entries. Although there are no qualifying times for MC events all entries must have an entry time. If entering via team manager please enter the entry time. Email dnvan@cobram.net.au with event and classification details.
- Payment of Entries. **Cheques to:** GV & District Swimming Association.
Postal Address: Entries 2011 Country SC Championships.
2044 Murray Valley Hwy Cobram East 3644
Direct Debit Payment Bank Account Details
Goulburn Valley & District Swimming Association
Bendigo Bank
BSB: 633-000
Acc: 115088064
Note for Direct Debit payments:
Make reference to Swimming Club with transfer.
Email dnvan@cobram.net.au with payment details: Club, payment amount & date of payment.
- Receipt of entries. When entries and payment details have been received, a return email will be sent with summary of entries processed. For hard copy entries – if an email address is supplied receipt of entries will sent.
- Further enquiries relating to entries should be directed to Damian Van de Berg on dnvan@cobram.net.au or 0418 735 322.
- Age groups are determined by the swimmer's age as at Saturday 13 August 2011.

2.3 Program of Events

The 2011 Victorian Country SC Championships will consist of 81 events conducted over 2 days.

Events will be swum as Timed Finals.

Appendix A – Event Listing

2.4 Qualifying Times

Qualifying times may have been achieved in either a 25m or 50m pool. Converted times will not be accepted. Qualifying times must have been achieved after 1st January 2010.

Appendix B – Qualifying Times

2.5 Entry Fees

Entry Fees are \$11 per individual event. Please refer to 2.2 for payment options.

2.6 By-Laws

[Swimming Victoria By-Laws](#) apply. A copy of the By-Laws can be obtained from the SV website. These By-Laws state that refunds are not provided unless an entry is rejected. Refunds are not provided for any other reason; including medical grounds.

If less than 4 entries are received for any even that event will not be conducted.

2.6.1 90-Day Rule

The following is an extract from the Swimming Victoria Competition Bylaws –

1.8.3 Registered members of a club affiliated with SV may enter Victorian Championship Meets if they:-

a) Have been registered with that club for at least 90 days prior to the closing date for the meet being entered or from the commencement of the current season, whichever is the less. The cut-off date applicable for this rule for each Victorian Championship meet will be declared in the conditions of entry for that particular meet.

OR

b) have joined a club affiliated with SV for the first time and have not previously been a member of any other Club or Federation affiliated to FINA.

1.8.4 A competitor whose registration with a Club affiliated with SV is not processed prior to this cut-off date will swim as unattached. Unattached swimmers do not earn points but they are eligible to win medals and may be eligible for other individual awards.

1.9.3 Visiting Competitors shall not be permitted to swim in the Victorian Country Short Course Championships.

Please note, the '90 day' date for these Championships is 1st May 2011.

2.7 Warm Up Times and Procedures

2.7.1 Pre Event Warm Up Friday Afternoon

There will be lanes reserved for swimmers on the afternoon of Friday 12th August at Aquamoves. Please note swimmers will be required to pay Aquamoves Reception the normal casual swim admission fee prior to using the pool on Friday. Coaches and clubs your co-operation with Centre Reception will be appreciated. Competitors and club representatives will have the opportunity to collect athlete accreditation and event information from the sport information desk on Friday from 4pm.

2.7.2 Competition Day Warm-Up procedures

- Initial warm up with no dive entries. Feet first entry into water only.
- Swimmers must swim in a clockwise direction. Swimming in an anti-clockwise direction will not be tolerated.
- Sprint warm ups are to be conducted in lanes 1 and 8 only (under coaching supervision) and are walk-back lanes. Turns are not to be practised in sprint lanes.
- Swimmers must not touch, grab or climb over timing equipment at pool ends.
- Saturday warm up finishes at 9.30am, with Opening Ceremony at 9.45am.
- Sunday warm-up ceases 10 minutes before starting time (except Saturday – Opening Ceremony). The countdown will be 10 minutes, 5 minutes, 2 minutes, 1 minute. It is the responsibility of each coach to ensure their swimmers are aware of the warm up termination time frame.

Detailed club lane allocation and roster to be distributed prior to event. Will be available at www.swimmingvictoria.org.au and www.gvswimming.com.au

2.8 Access, Admission and Passes

There is only one entry point to the venue.

Saturday: Doors open 7.45am. Warm up commences 8.00am, finishes 9.30am.
Sunday: Doors Open 7.15am. Warm up commences 7.30am, finishes 8.50am

- Swimmers | free entry.
- Spectators / Day pass \$10 | Weekend pass \$15
- Spectator Concession / Day pass \$5 | Weekend Pass \$10 (Concession; Pension/health card holders and students (Secondary/Primary Only).
- Children under 5 (non-school age) | free entry
- Coaches | free entry upon presentation of 2011/12 ASCTA(V) accreditation pass.
- Rostered Officials | Please have your attendance noted at entry point and receive your accreditation.
- Early collection | Swimmers can collect accreditation passes, and spectators can purchase weekend passes at the venue on the Friday evening from 4pm. Express Entry lane will be provided for swimmers (*who have collected accreditation passes*) and spectators with purchased passes on each morning of the meet.
- Programs \$10

2.9 Travel and Car Parking

Where possible, car pooling is recommended for participants and spectators involved in this meet. There are car parking spaces provided outside the Aquamoves Complex adjacent to the venue however this may be limited on event days. Additional free all day parking is available within short walking distance.

2.10 Sport Information Desk

There will be a Sport Information Desk located at the venue. Any queries from participants, support staff or spectators can be directed to this desk. Programs will also be available for purchase at this desk.

2.11 Pool Deck Guidelines

The Swimming Victoria and ASCTA(V) pool deck guidelines restrict unauthorised access onto pool deck at all times throughout this meet. Only coaches who have been issued with a current pool deck pass will be permitted on pool deck. Please refer to the Swimming Victoria Website for further information.

2.12 Athlete Roster

An athlete roster will be published at www.swimmingvictoria.org.au and www.gvswimming.com.au prior to the meet. This athlete roster will provide an entry count for each athlete entered into the event.

2.13 Event Program

The printed event program will be available for purchase from 4pm on the Friday or on each day of competition at the entry point or Sport Information Desk.

2.14 Seating, Concourse and Passageways

- Please do not reserve seats by placing towels/ banners/ bags on or over seats.
- Where an area of seating is sectioned off, do not remove barriers or sit in this area.
- Team managers, parents and spectators are not to enter onto the pool concourse area or passageways. Please keep these areas clear for swimmers and officials.

2.15 Marshalling – Timed Finals

- Swimmers must marshal three events ahead of the event in which they are swimming.
- Swimmers are to marshal in the marshalling marquee. Access via the northern side of the leisure pools.

2.16 Backstroke Events

Backstroke events require a feet first entry into the pool.

2.17 Timekeepers

In addition to the ongoing support provided by our Swimming Victoria officials, the smooth running of the meet is also reliant on volunteer timekeepers.

A Timekeeper Roster will be prepared for the championship, allocating clubs to lanes for each session based on participants in the championship. This roster will be published with the Athlete Roster on the www.swimmingvictoria.org.au website in the week prior to the event.

Clubs and individuals that would like to pre-nominate particular timekeeping sessions are very welcome to email preferences to dnvan@cobram.net.au Friday 5th August 2011.

On the competition days, all timekeepers should report to the timekeepers' desk situated on the pool deck prior to the conclusion of warm up. All timekeepers will be provided with refreshments and the best seats in the venue!

2.18 Medal Presentations

The Victorian Country Short Course Championships will run as timed finals. The cooperation of swimmers and coaches in the presentation of medals is sought. At the conclusion of each event, place getters are to remain on the pool concourse, dry off and wait for the presentation of medals. A Presentation Official will be in the area. Medals will be presented as soon as the following event has been swum.

Dress requirements for medal presentations are tracksuit, preferably Club or State, or Club or State T-shirt with appropriate tracksuit pants or shorts. Footwear is optional. Towels and/or head wear are not to be worn.

2.19 Results

Results by event will be posted at the venue in a prominent position. Completed results from the weekend will be posted at www.swimmingvictoria.org.au and www.gvswimming.org.au. The results will be available in a PDF, Meet Manager and Team Manager format. Club Point Scores will also be published.

2.20 Lost Property

All participants and spectators are encouraged to bring minimal personal items to the event. Any essential items that must be brought along to the venue should be clearly labelled with a swimmer's name and/or club. Any found lost property should be handed in to the Sport Information Desk for it to be registered and held. Staff from the Aquamoves Centre will do a thorough sweep through of the venue after each session and any items will be handed to the Sport Information Desk or the venue's customer services desk. It should be reiterated to all swimmers that non-essential items should not be taken down to pool deck or into change rooms.

2.21 The City of Greater Shepparton

Located in the Goulburn Valley, the region is easily accessible and centrally located. With a total population of approximately 62,000 residents, the city is full of services and offerings for all ages.

Further information about what to do and see in Shepparton including accommodation, activities, maps and more can be obtained from www.discovershepparton.com.au. Or phone 1800 808 839

SECTION 3: Appendices

Appendix A Event Listing

Session One - Saturday 13 August | 10:00am Start

Event	Gender	Age	Distance	Stroke
1	Female	Open	400m	Freestyle
2	Mixed	MC*	50m	Breaststroke
3	Male	11 & U	50m	Butterfly
4	Female	11 & U	50m	Butterfly
5	Male	12/13 yrs	200m	Freestyle
6	Female	12/13 yrs	200m	Freestyle
7	Male	14/15 yrs	100m	Butterfly
8	Female	14/15 yrs	100m	Butterfly
9	Male	16/17 yrs	100m	Freestyle
10	Female	16/17 yrs	100m	Freestyle
11	Male	18 & over	200m	Individual Medley
12	Female	18 & over	200m	Individual Medley
13	Mixed	MC*	50m	Butterfly
14	Male	11 & U	100m	Individual Medley
15	Female	11 & U	100m	Individual Medley
16	Male	12/13 yrs	100m	Backstroke
17	Female	12/13 yrs	100m	Backstroke
18	Male	14/15 yrs	200m	Freestyle
19	Female	14/15 yrs	200m	Freestyle
20	Male	16/17 yrs	100m	Breaststroke
21	Female	16/17 yrs	100m	Breaststroke
22	Male	18 & over	100m	Freestyle
23	Female	18 & over	100m	Freestyle

Session Two - Saturday 13 August | 2:00pm Start

Event	Gender	Age	Distance	Stroke
24	Male	Open	200m	Breaststroke
25	Female	Open	200m	Breaststroke
26	Mixed	MC*	50m	Backstroke
27	Male	12/13 yrs	200m	Individual Medley
28	Female	12/13 yrs	200m	Individual Medley
29	Male	14/15 yrs	100m	Backstroke
30	Female	14/15 yrs	100m	Backstroke
31	Male	16/17 yrs	100m	Individual Medley
32	Female	16/17 yrs	100m	Individual Medley
33	Male	18 & over	100m	Breaststroke
34	Female	18 & over	100m	Breaststroke
35	Male	11 & U	50m	Backstroke
36	Female	11 & U	50m	Backstroke
37	Mixed	MC*	50m	Freestyle
38	Male	14/15 yrs	100m	Individual Medley
39	Female	14/15 yrs	100m	Individual Medley
40	Male	16/17 yrs	100m	Butterfly
41	Female	16/17 yrs	100m	Butterfly
42	Male	Open	200m	Backstroke
43	Female	Open	200m	Backstroke

Session Three - Sunday 14 August | 9:00am Start

Event	Gender	Age	Distance	Stroke
44	Male	Open	400m	Freestyle
45	Mixed	MC*	100m	Freestyle
46	Male	11 & U	50m	Breaststroke
47	Female	11 & U	50m	Breaststroke
48	Male	12/13 yrs	100m	Freestyle
49	Female	12/13 yrs	100m	Freestyle
50	Male	14/15 yrs	200m	Individual Medley
51	Female	14/15 yrs	200m	Individual Medley
52	Male	16/17 yrs	200m	Freestyle
53	Female	16/17 yrs	200m	Freestyle
54	Male	18 & over	100m	Butterfly
55	Female	18 & over	100m	Butterfly
56	Male	11 & U	50m	Freestyle
57	Female	11 & U	50m	Freestyle
58	Male	12/13 yrs	100m	Breaststroke
59	Female	12/13 yrs	100m	Breaststroke
60	Male	14/15 yrs	100m	Freestyle
61	Female	14/15 yrs	100m	Freestyle
62	Male	16/17 yrs	100m	Backstroke
63	Female	16/17 yrs	100m	Backstroke
64	Male	18 & over	200m	Freestyle
65	Female	18 & over	200m	Freestyle

Session Four - Sunday 14 August | 1:00pm Start

Event	Gender	Age	Distance	Stroke
66	Male	12/13 yrs	100m	Individual Medley
67	Female	12/13 yrs	100m	Individual Medley
68	Male	Open	200m	Butterfly
69	Female	Open	200m	Butterfly
70	Male	11 & U	100m	Freestyle
71	Female	11 & U	100m	Freestyle
72	Male	12/13 yrs	100m	Butterfly
73	Female	12/13 yrs	100m	Butterfly
74	Male	18 & over	100m	Individual Medley
75	Female	18 & over	100m	Individual Medley
76	Male	14/15 yrs	100m	Breaststroke
77	Female	14/15 yrs	100m	Breaststroke
78	Male	16/17 yrs	200m	Individual Medley
79	Female	16/17 yrs	200m	Individual Medley
80	Male	18 & over	100m	Backstroke
81	Female	18 & over	100m	Backstroke

* MC (Multi Class) events open to swimmers with a disability only. Qualifying times do not apply for MC however an entry time must have been swum prior to the closing date. Classification must be provided on entry form, or if entering via TM/MM, email details to dnvan@cobram.net.au.

Appendix B Qualifying Times

MALE	Open	18/Over	16/17 Yrs	14/15 Yrs	12/13 Yrs	11/Under
FREESTYLE						
50m						37.00
100m		1:05.00	1:07.00	1:07.00	1:14.00	1:30.00
200m		2:21.00	2:25.00	2:26.00	2:45.00	
400m	4:55.00					
BACKSTROKE						
50m						46.00
100m		1:20.00	1:21.00	1:20.00	1:26.00	
200m	2:42.00					
BREASTSTROKE						
50m						52.00
100m		1:30.00	1:32.00	1:32.00	1:41.00	
200m	3:00.00					
BUTTERFLY						
50m						45.00
100m		1:16.00	1:19.00	1:23.00	1:34.00	
200m	2:40.00					
INDIVIDUAL MEDLEY						
100m		1:13.00	1:16.00	1:18.00	1:27.00	1:35.00
200m		2:46.00	2:47.00	2:48.00	3:04.00	
FEMALE	Open	18/Over	16/Over	14/15 Yrs	12/13 Yrs	11/Under
FREESTYLE						
50m						37.00
100m		1:12.50	1:12.50	1:12.00	1:13.50	1:26.00
200m		2:33.00	2:33.00	2:33.00	2:39.00	
400m	5:25.00					
BACKSTROKE						
50m						44.00
100m		1:23.00	1:23.00	1:23.00	1:25.00	
200m	2:47.00					
BREASTSTROKE						
50m						49.00
100m		1:35.00	1:35.00	1:35.00	1:35.50	
200m	3:10.00					
BUTTERFLY						
50m						43.00
100m		1:29.50	1:29.50	1:29.50	1:29.50	
200m	2:50.00					
INDIVIDUAL MEDLEY						
100m		1:20.00	1:21.00	1:22.00	1:26.00	1:35.00
200m		2:54.00	2:54.00	2:54.00	3:01.00	

*Long course times may be used but not converted.

Appendix C Competition Bylaw Schedule A.8

In this schedule all indicated events marked 'X' are swum by both male and female competitors, those marked 'F' are swum by female competitors only and those marked 'M' are swum by male competitors only. Events marked 'O' are swum as mixed events. Medals will be awarded for the indicated events unless otherwise stated.

A.8 Victorian Country Short Course Championships

		Open	MC	18/o	16/17	14/15	12/13	11/u
Freestyle	50m		O					X
	100m		O	X	X	X	X	X
	200m			X	X	X	X	
	400m	X						
Backstroke	50m		O					X
	100m			X	X	X	X	
	200m	X						
Breaststroke	50m		O					X
	100m			X	X	X	X	
	200m	X						
Butterfly	50m		O					X
	100m			X	X	X	X	
	200m	X						
Ind. Medley	100m			X	X	X	X	X
	200m			X	X	X	X	