

July 2011



# Bendigo Hawks Aquatic



## WELCOME

### UPCOMING SWIM MEETS

#### JULY

- 17th - Essendon & Maribyrnong Meet - CLOSED
- 23rd - Ballarat Top 5 Meet 3 - CLOSED

#### AUGUST

- 3rd - Eaglehawk Winter Series Round 2
- 13th-14th - SV Country SC Championships
- 21st - Kyneton SC Meet
- 26th-28th - SV Country State Championships

Our season is well and truly underway with many swimmers competing in and around our district. The Bendigo and Eaglehawk committees have been working hard towards the clubs merger and appointing of a new head coach. Our clubrooms are being used by all members and are looking fantastic with all the honor boards and photos. A big THANK YOU goes out to Steve Dromey for all his hard work in getting our clubrooms looking so great. Ryan Smith is the coach of the Harrier/Hawk squads and will be taking on the role of head coach for the present time. We held our first meet for the season 'Eaglehawk Winter Series Round 1' where we had many of our young swimmers competing for the first time. The support from all parents and swimmers on the day was fantastic. Many first time parents were asked to assist in roles totally new to them and were more than willing to assist. On behalf of the committee we would like to thank you for your assistance and in making the day a success.

## MONTHLY MILEAGE

### UPCOMING EVENTS

**31st July - The Zone Social Function**

**3rd August - Committee Meeting**

Wally and Corel have been running a monthly mileage award program for the junior squads. This award is given to the swimmer who has swum the longest distance at training over the month. Winners of this award are presented with a ticket to the cinema. This month we had a tie between **Julia and Ameilia Hunt**. Congratulations girls keep up your training and enjoy your trip to the cinemas.



## SWIMMING NEWS

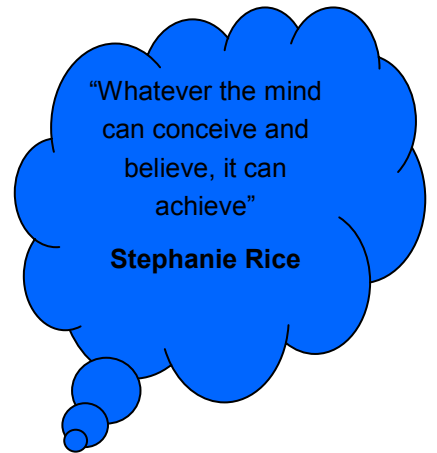


Each month the Team manager will provide an outline of the meets that have been attended by swimmers. The full report is available on the [Eaglehawk website](#) . This month we congratulate Lachlann Tyson and Rochelle Vella for breaking club records. Well done to both of you on your outstanding achievements. Many of our swimmers have achieved huge PBs and are swimming great times. Our younger swimmers are stepping up to the challenge of competitive swimming and are taking their place in the relay events.

Eaglehawk Winter Series Round 1 saw many of our swimmers compete for the first time. Great results were achieved by all that attended. All swimmers were unsure at first when they saw their name on the sheet for a relay spot but took on the challenge and swam well. Thank you to Rachel and Jan for ensuring that all referee's were kept well fed and watered.



Good luck to our swimmers heading off to MSAC and Ballarat over the next couple of weeks. Their goal will be to achieve Country SC times for the Country Championships in August. Congratulations go out to first time qualifiers Rochelle and Nikayah. Good luck girls hope you swim well. Rochelle and James Murray will be heading to Melbourne in the first week of August to compete at the SSV Championships.



"Whatever the mind can conceive and believe, it can achieve"

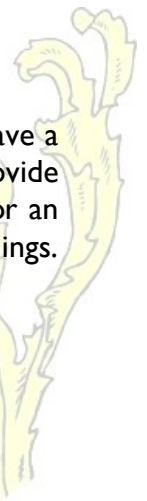
**Stephanie Rice**



## SOCIAL FUNCTION

Come along to our first social function for the season. We have a fun night planned at 'The Zone' in Bendigo. The club will provide you with dinner and drinks, all you need is to be prepared for an exciting time. This event is totally FREE and is open to all siblings. Timings are 4:30 – 7 pm. Hope to see you there.

Date: Sunday 31st July 2011



## IMPORTANT INFORMATION

**Clubrooms** – The clubrooms will be opened at 4 pm each day by a committee member or coach. No member is to request permission to have the clubrooms open prior to this. Should you wish to get changed earlier than this, then the change rooms provided at the centre should be utilized.

**Minutes** - Printed copies of the Eaglehawk and Merger committee meetings are now available to all members. They are located on the notice board in the clubrooms and contain all the latest information, updates and discussion points. General meetings are held on the first Wednesday of each month and all members are encouraged to come along.

**Merger Meeting** - Eaglehawk Swimming Club will hold a Special General Meeting on 10th August at 7.30 pm in the clubrooms. It is important that we get as many members as possible to attend this meeting as it is one of the final stages in us getting the merger of the Eaglehawk and Bendigo clubs.

## CLUB CAPTAINS

The role of swimming club captain is an opportunity to display leadership, commitment and support to the other swimmers for the elected period. Being elected is an honor and representing the club should be a rewarding experience. Club captains for season 2011-12 have been appointed and they are Zoe Deed and Alex Barkmeyer. Congratulations to you both and we hope you enjoy the experience.



"I can't control what everyone else swims but if all goes well i know there are no limits."

**Leisel Jones**

"Remember to do things you enjoy away from swimming, regularly."

**Ian Thorpe**



**Matthew  
Sherlock**

**Lachlan  
Pearse**

**Ryan  
Smith**

**Jan  
Spencely**

**Happy  
Birthday**