

Team Manager Report – November 2011

Maribyrnong/Essendon Meet – On Sunday 16th October the senior squad of 8



swimmers headed off to MSAC for what would turn out to be one of the best meets for the summer season thus far. It was an early start however that was not going to stop our swimmers from performing to their best. With many swimming more than 3 events each we were in for a long day. The day started with Tyson up first in 50 Fly gaining a slight PB,

well this set the theme for the rest of the day with every swimmer achieving PBs in all events only slightly missing a clean sweep of PBs by 2 events; however the times were so close to PBs it just wasn't right. The rest of the day saw swimmers achieve PB times on average of 3 – 10 seconds. By the lunch time break we had Country and State times and had even broken a few club records. What a day this was turning out to be, the cheer squad was nice and loud and every swimmer was surprised to hear their name being cheered from the stands as they waited for their race. Who would have thought the day could get any better but it did, when the raffle was drawn we saw Leanne and Donna both take out prizes. Each prize was a box of goodies full of interesting surprises. The day ended with all swimmers going home full of confidence and extremely happy with the day's events. Congratulations to all swimmers on their outstanding achievements, all that hard training to starting to show, keep up the great effort. Outline of individual achievements:

Rochelle – (6 events) 6 pbs, 2 country times, 1 state time

Monique – (4 events) 4 pbs

Nikaylah – (3 events) 3 pbs

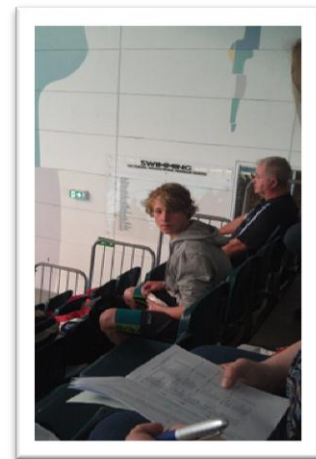
Dannielle – (5 events) 3 pbs, 2 country times, 1 club record

Jaimie-lee – (5 events) 5 pbs

Zoe – (4 events) 3 pbs

Mitchell – (5 events) 5 pbs, 1 country time, 3 state times, 2 club records

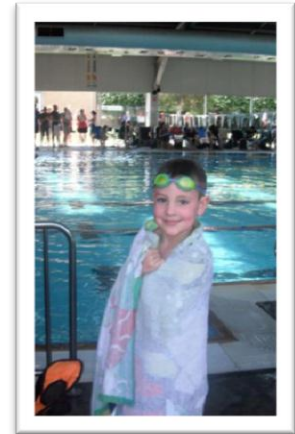
Lachy – (5 events) 5 pbs, 5 country times, 4 state times, 2 club records



Kyabram Meet – Sunday 23rd October we sent a team of junior swimmers go along to Echuca for the Kyabram meet. Many swimmers achieved PB times in most events. The PB highlights were Lauren with a massive 10 seconds in 50 Fly and Summah 5 seconds in the 50 Back. This meet saw our



younger swimmers Flynn, Sammantha, Sei and Jemma compete in 50 m events for the first time. Well done to all swimmers for their achievements. A special mention goes out to Seitoku who swam an amazing meet, PBs in all events to bring home 2 Gold and 2 Silver medals. Other medal winners were Dannielle 2nd in 50 Free, 3rd 50 Breast and Sammantha 3rd in 50 Fly.



7 – 10 Meet – This meet saw 9 of our young HAWKS (Mitchell, Bradley, Summah, Rochelle, Dannielle, Olivia, Sammantha, Lauren and Austin) head off to MSAC to compete within the District. There were some fantastic swims on the day with the 10 year girls Free and Medley relay taking out Gold in both events with 3 of the swimmers from our club. Other medal winners included Mitchell (2nd in Fly, 3rd in Back and Free), Rochelle (3rd in Breast), Olivia (2nd in Fly and Free, 3rd in Back), Dannielle (3rd in Free), Sammatha and Bradley (relay events). The relay teams performed very well taking our places in the top 3. Well done to all swimmers on taking out 1st, 2nd and 3rd places, and a special mention to Lauren, Summah-Rose, Bradley and Austin who all achieved huge PBs and contributed to relay teams. Full results and report will be available from the Central District website.



Warrnambool Twilight Meet – Lachy, Nikaylah, Jaimi-lee and Dannielle all attended the twilight meet that started after the 7 – 10 competition. The senior swimmers had set out to obtain Country and State times. All swimmers did really well with PBs in most events. Lachy got a massive 8 second in the 200 Back and 7 seconds in the 200 Free to just miss State qualifying times by less than a second. The outstanding achievement of the day was Nikaylah who was out to make the Country and State teams. Nikaylah's first event was the 100 Back where a PB time was swum. Next up was the 50 m Free where she got a 2 second PB to achieve the country qualifying time, first goal had been achieved. Then came her favourite stroke (Breaststroke 100 m and 200 m). Nikaylah swam brilliantly to achieve State times for both events. Congratulation Nikaylah all that hard training has paid off.